



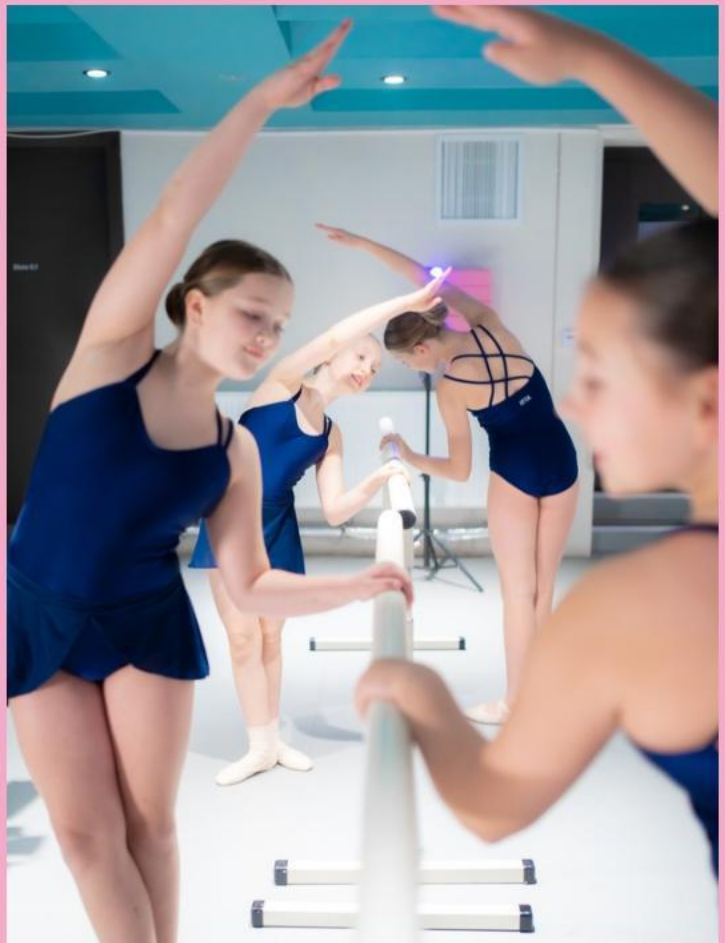
EAQ Exams



Understand how we assess when our students are ready to take dance examinations.

REGULAR *Attendance*

Impeccable class attendance is vital for dance exams because dance training is both athletic and artistic. Regular classes build strength, technique, stamina, and performance quality. Missing lessons means a loss of training and potential not being met. Every exam board also requires a set number of contact hours for each grade, making attendance essential for readiness.



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STRENGTH *Development*

Strength development supports safe and correct technique, helping students maintain control, posture, and stability. However, children reach physical development milestones at different times and stages, so strength will develop differently for each child. It's important not to compare children of the same age, as they may be at different points in their physical development. The required strength for each level should be achieved at the child's own pace, with the guidance of their dance teacher, as it forms the foundation for progressing confidently to the next level.



DANCE

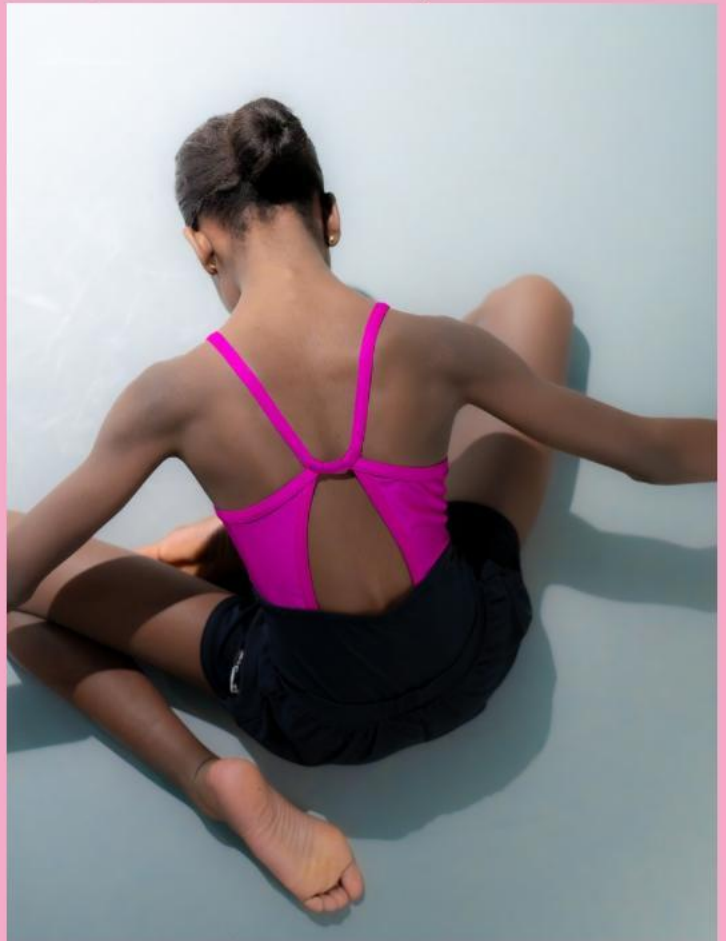
Technique

Understanding dance vocabulary is essential for exam readiness, as it supports correct execution of movements and routines. If a child lacks understanding or cannot demonstrate the foundation skills and specific technical vocabulary for their grade, they have not met the learning objectives of that exam. This means they are unlikely to achieve the mark they are capable of and will not have the necessary skills to progress confidently to the next grade.



ARTISTIC Growth

Performance readiness is a key factor in dance exams, as it allows children to grow as artists and express themselves through expression and musicality. When a child can perform with confidence, convey the character or style of the dance, and respond to the music, they demonstrate growth as an individual artist. Developing these skills fosters a love for music and movement and plants the seeds for young dancers to continue dancing, bringing a positive and lasting influence to their lives.



SUPPORTING *Confidence*

Individual confidence is key to exam readiness, as it enables children to show themselves at their best, perform under pressure, and engage fully with their performance. Dance exams should be seen as a celebration of progress and achievement, not a source of worry. Our classes are designed to foster confidence growth, helping children feel secure, expressive, and capable, and we encourage parents to trust our professional judgment on when they are ready to approach this milestone with skill, positivity, and pride.



AND *Finally*

We hold three exam sessions each year, allowing us to nominate children to participate as soon as we feel the time is right for them. Our class teachers and principal carefully consider all the factors outlined in this FAQ, including physical, technical, and performance readiness. As professional teachers affiliated with the highest dance bodies, we will only enter children when it is appropriate for their physical, cognitive, and emotional development, ensuring each child has the best opportunity to succeed and enjoy the experience.

